

What is the local & wider context?	What are we trying to change?	Who will be leading the change?	What are the main activities?	Who will participate in these activities?	What are the key outputs?	What are the benefits in the medium term?	What are the longer-term goals?
<p>Increased likelihood of having experienced traumatic events and persecution than general population</p> <p>Isolated, lacking local support networks, with limited familiarity with services in Wales</p> <p>Discrimination in accessing services including NHS and Mental Health Services</p> <p>Mixed and varying levels of English Language capability</p> <p>People from different cultures,</p>	<p>Trauma-enhanced delivery of First Aid training; for people known to have experienced traumatic events. Inclusion of supporting people to cope with the impact of trauma, Psychological First Aid aspects.</p> <p>Facilitation of First Aid training for speakers of other languages</p> <ul style="list-style-type: none"> - English as Second Language (ESOL)-informed course (e.g. including keywords familiarisation, demonstrations and realia (e.g. bring sweets/sugar for diabetes topic), non-verbal cues for using an AED in a second language, different language options - Translation within different linguistic groups, access to 	<p>Scope for student project or self-led volunteer with TIFA</p> <p>Refugee communities in Cardiff</p> <p>Refugee and Sanctuary Seeker Support organisations in Cardiff including Oasis, Welsh Refugee Council, Student Action for Refugees, Cardiff City of Sanctuary</p> <p>Experienced First Aid trainers, experts or translators from refugee communities</p>	<p>Find out if and how refugee communities in Cardiff are already accessing First Aid training</p> <p>Find out what problems refugee communities in Cardiff have experienced with First Aid Training; access, language, traumatic stress</p> <p>Co-producing course considerations with input from target communities and stakeholders, including sub-groups with co-occurring needs</p> <p>Delivery of Community First</p>	<p>Refugees from different linguistic and cultural backgrounds</p> <p>Sanctuary Seekers, Asylum Seekers</p> <p>People who have been granted leave to remain on humanitarian protection grounds</p> <p>Other people with English as a Second Language*</p> <p><small>*Consider specific needs of other groups e.g. overseas students</small></p> <p>Refugee women, parents with children. Consider co-occurring needs</p>	<p>A summary report on how to include refugees in First Aid training</p> <p>Information on how to access in-person First Aid training for refugees (ideally ESOL-informed, and trauma-enhanced in-person courses)</p> <p>A list of key vocabulary and translations for the topics covered in First Aid training (FA3)</p> <p>Directory of where to find resources and training materials in key languages spoken by refugees; ensure</p>	<p>Establishing support networks and supporting community integration of vulnerable people</p> <p>Awareness of what to do in an emergency within vulnerable communities</p> <p>Increasing the number of people in Welsh society able to provide First Aid support in emergency</p> <p>Empower refugees with expertise in First Aid, training or linguistics to</p>	<p>Contributing to developing a trauma-informed Wales</p> <p>Increasing uptake of First Aid training locally and internationally; more people able to save lives</p> <p>Improving the provision of key services to vulnerable groups in Cardiff</p> <p>Increase integration of Refugees into Welsh Society, developing a City of Sanctuary</p> <p>A more inclusive and trauma-aware society</p>

First Aid Training for Refugees in Cardiff | Theory of Change

<p>communities and languages</p> <p>Key languages including Arabic, Urdu, Bengali (e.g. Sylheti, Chatgaya), Somali, Ukrainian, Polish</p> <p>Recognised international First Aid / training providers, e.g. International Committee of the Red Cross (ICRC) and International Federation of Red Cross and Red Crescent Societies (IFRC)</p> <p>Co-existing needs, e.g. Women-only courses, courses for parents & children or access to childcare, courses for disabled and/or bereaved refugees</p>	<p>different resources in different languages?*</p> <p>*If UK certification is required for volunteering/work, how to quality assure ability to provide First Aid in the UK in a second language?</p> <p>Modifications of training for people who have not grown up in Wales e.g. What numbers to call?, UK specific processes (e.g. NHS free at point of access), facilitating participants to register for NHS and community services, acronyms...</p> <p>Co-existing needs accounted for in service design, involving target communities in co-creating projects</p> <p>Ensure integration with other support services locally</p>	<p>Existing refugee English as Second Language (ESOL) providers including Oasis, Adult Learning Wales and REACH Cardiff</p> <p>Existing First Aid providers e.g. SJA, Red Cross and Independent tutors</p> <p>ESOL / bilingual volunteers for buddy-up system</p> <p>United World College (UWC) alumni community, EMS and multiple languages, Atlantic college</p> <p>Volunteer with IQA qualification</p>	<p>Aid program (non-certified)</p> <p>Delivery of certified First Aid programs with ESOL & First Aid Quality Assurance</p> <p>Co-ordinating and funding bespoke group bookings & recruiting ESOL / bilingual volunteers for buddy-up support</p> <p>Gather resources and training materials in key languages</p> <p>Summarising Wales-specific First Aid considerations</p> <p>Quality Assurance</p>	<p>ESOL teachers</p> <p>Oasis</p> <p>Welsh Refugee Council</p> <p>First Aid Training Providers: SJA, Red Cross, Independent tutors</p> <p>Students (medical, emergency response/EMS, psychology (psychological first aid), ESOL, teaching</p> <p>International collaboration through networks such as UWC, ICRC, IFRC</p>	<p>resources are quality assured</p> <p>Build on: Online resources including:</p> <p>International First Aid Resuscitation and Education Guidelines 2020</p> <p>First aid IFRC</p> <p>ТССС - курс тактичної медицини Tactical Combat Casualty Care</p> <p>Wales-specific First Aid considerations, easy-to-read / translated into key languages spoken by refugees in Cardiff</p> <p>Provision of bespoke community first aid courses, certified and quality assured first aid courses</p>	<p>contribute to delivery of meaningful public services</p> <p>Volunteering opportunities for refugees, students and others</p>	
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